

October 2017
Volume 1, Issue 4

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**Message from Andy -
Go Tigerssss!!!
Richmond are finally
premiers! 2017 winners**

Front Page Employee News

Welcome to our fourth newsletter!! Can't believe we are in October. The tail end of the year. Keep up the great work, the year is nearly done!

Again, if you have any suggestions on content for the newsletter, email me on ekramer@auspt.net.au or 0450 429 605. Happy reading!

Message from the Director – Andy Kiker

Last month was the annual 'R u ok day' on 14th September. I have been a big supporter of Mates in Construction since it was started and the annual 'R u ok day' is a fantastic initiative to start a conversation with someone who may be struggling.

As most of you are aware, construction workers are at the highest risk of suicide of any other type of work. It's important to make sure your mates are ok, speak to them, ask them how they are going. It may start a conversation to save a life.

Below is our crew with other trades on the Coomera QLD project – celebrating the R U OK day.



How to ask R U OK?





DoTerra Ice Blue all-natural rub. Is like 'Deep Heat' for any aches and pains.

Employee News

- Send in any site photos that you may take to dnanfra@auspt.net.au – we will get these onto the website and Facebook page
- Follow AusPT on Facebook & LinkedIn. Give us a like at Australian Post Tensioning! 😊
- Pictured here is Deep Ice Blue all-natural rub which is basically Deep heat but without the nasties in it. I am going to have a few of these tubs delivered to some sites over the next few weeks for you guys to try out. Use it if you have any niggles, aches and pains and let me know how it goes!!

Featured Job – Sunshine Plaza QLD

Our Sunshine Plaza project started in October 2016 and in the last year, the boys have completed Stage 1 which is a 6-level carpark addition to the existing Shopping Centre and ground level carparks.

Nearing completion now, the boys have just moved over to commence Stage 2. Stage 2 comprises of 100 retail shops and another 2 levels of carpark.

Last month Sunshine Plaza won our Safety award and each month they put in place some great safety initiatives. The pictures below show how they have used 50mm PVC pipe – with a cut to use over starter bars. Cheaper than caps and very effective. Great work boys.



The Sunshine Plaza crew enjoying a big feast of KFC in the site sheds. This was their choice of prize after winning the Safety award last month!



Employee Profile: Isaac Temomo

What is your job with AusPT & what does your job entail?

Leading Hand in NSW – Started on the Darling Harbor project, once that was finished, moved across to Milsons Point and other smaller jobs then started at the Parramatta project and have managed that from Sep 2016 through to now and we are just about to complete it.

How long have you worked for AusPT?

3 years this month

What did you do before AusPT?

PT at Freycinet– worked on Harbor Bridge in Civil

What are your hobbies/way to relax out of work?

Family, spending time with my two boys. Love all sports.

Do you have a secret talent/party trick?

No one has beaten me in a game of ping pong

Do you have a nickname? – Ice man

Health, Safety and HR News

Thank you to all Leading Hands you have been regularly sending in Toolbox talks, ITPs, coil tags and weekly task observation checklists. We have greatly improved our Health, Safety and Quality reporting since this time last year.

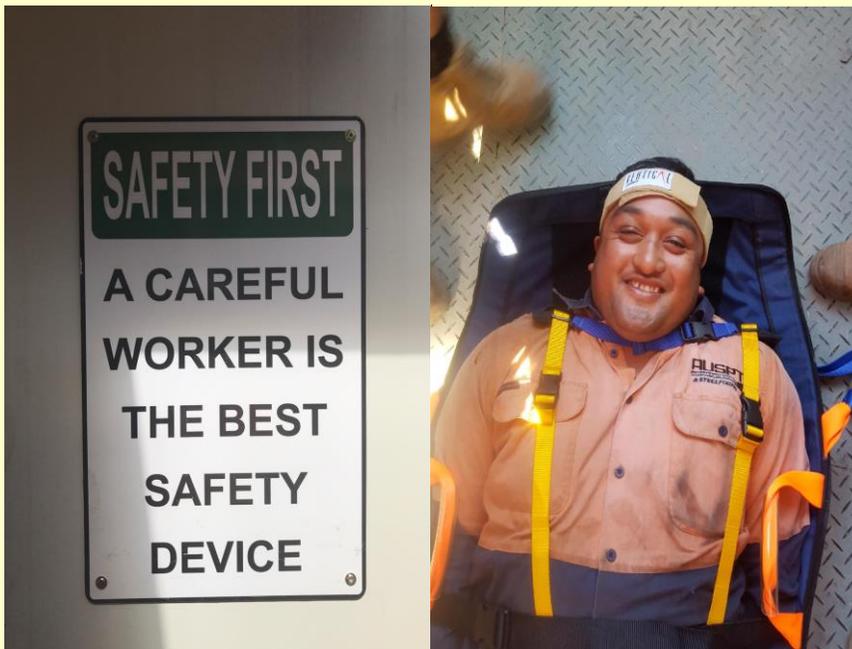
In September 2017, we only had 1 injury across the country. Well done, we are decreasing injuries every month. Let's aim for ZERO injuries in October!!!!

Thank you to Tony Talarico, one of our Leading Hands in VIC for sending the below in to remind us of what safety is about first and foremost. As well as this, if you see something that you think is unsafe, please report it!!

Our guys at the Qube Broadbeach project also participated in another mock evacuation and rescue. Great pics guys 😊



Isaac with his dogs!



The AusPT 'Safety Brilliance' Award

The AusPT 'Safety Brilliance' award will be awarded monthly to a project and its crew that meets the following criteria;

1. X4 toolbox talks to be completed
2. X2 task observation checklists to be completed (If you don't have a copy of this form – ask for one to be sent to you)
3. No injuries to have occurred in that month
4. Outstanding 'above and beyond' safety initiative to be shown

July 2017 award goes to.....

Our Adelaide Crew!!! Well done boys!!!

Anthony Hirst is our Construction Manager in SA and has been especially proactive in ensuring high safety standards are met at all jobs in Adelaide!

All SA jobs have handed in Toolbox talks weekly, completed task observation checklists, have handed in all ITPs and coil tags.

On top of all of this, they also have had ZERO injuries in 2017. In fact, their last injury was in February 2016. That's 1 year and 8 months injury free. What an effort guys, keep up the great work!



Upcoming RDOs

VIC/TAS RDO	Monday 2 nd & 16 th Oct
NSW P/HOL	Monday 2 nd Oct
NSW RDO	Tuesday 3 rd Oct
SA P/HOL	Monday 2 nd Oct
SA RDO	Tues 3 rd Oct & Wed 4 th Oct
SA FLEX RDO	Monday 30 th Oct
WA RDO	Monday 30 th Oct
QLD P/HOL	Monday 2 nd Oct
QLD RDO	Tuesday 3 rd Oct

AUGUST 2017						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Quizmaster with Moff – AusPT's King of Trivia!

Moff has worked in PT for 30 years. He has worked with John Holland & VSL and knows all there is about PT. Prior to working in Post Tensioning, Moff was a Mechanic. He now works in our VIC yard and is the absolute guru of fixing things and all things PT.

As well as this, he isn't shy about his love of Jam donuts and he reads the trivia in the lunchroom every day, with some very interesting clues!!!



1. Who was the female lead in the movie Titanic?
2. How old must a person be to run for President on the United States?
3. In which country would you find Mount Kilimanjaro?
4. What is the Spanish word for a heated tortilla filled with cheese?
5. Who painted the Sistene Chapel?
6. The first McDonalds opened in what U.S state?
7. In science, how long is an eon?
8. Sri Lanka is surrounded by which ocean?
9. What is the capital of North Korea?
10. According to Greek mythology who is the goddess of beauty?
11. What is the fastest land snake in the world?
12. What is the name of the monkey in the movie Aladdin?
13. The avocado is a tree that is thought to have originated in what country?
14. What is the second most abundant element in the earth's atmosphere?
15. Which music group has won the most Grammy's?
16. Approx. 2% of people have what eye color?

17. A teetotaler is a person that never drinks what?
18. Serena Williams was pregnant during what grand slam win?
19. What fast food franchise has the most worldwide locations?
20. What year was Facebook founded?



Answers: 1. Kate Winslet. 2. Thirty Five. 3. Tanzania 4. Quesadilla. 5. Michelangelo. 6. California. 7. A Billion years. 8. Indian Ocean 9. Pyongyang 10. Aphrodite. 11. Black Mamba. 12. Abu 13. Mexico 14. Oxygen 15. U2. 16. Green. 17. Alcohol. 18. Australian Open 2017. 19. Subway. 20. 2004